

November Menu – Urbandale Senior Recreation Center

<b>Tuesday</b>	<b>Thursday</b>
<b>10/30/2018</b>	<b>11/1/2018</b>
<b>#1 Chicken Strips</b>	<b>#1 Turkey Cheese Sub</b>
<b>#2 Grilled Cheese Sandwich</b>	<b>#2 Beef Burger</b>
Au Gratin Potatoes Strawberries	Sweet Potato Fries Apple
	Pie
<b>11/6/2018</b>	<b>11/8/2018</b>
<b>#1 Chicken and Cheese Quesadilla</b>	<b>#1 Mac and Cheese</b>
<b>#2 Burrito Bowl</b>	<b>#2 Hot Dog</b>
Fiesta Black Beans Banana	Pacific Blend Vegetables Diced Peaches
	Pie
<b>11/13/2018</b>	<b>11/15/2018</b>
<b>#1 Hot Ham and Cheese</b>	<b>#1 Turkey Gravy</b>
<b>#2 Nacho Pizza Bites</b>	<b>#2 Teriyaki Beef Tips</b>
Baked Beans Banana	Mashed Potatoes Mandarin Oranges
	Pie
<b>11/20/2018</b>	<b>11/23/2018</b>
<b>#1 Beef Burger</b>	<b>Closed for Thanksgiving</b>
<b>#2 Chef's Choice</b>	
Emoji Fries Apples	
<b>11/27/2018</b>	<b>11/29/2018</b>
<b>#1 Chef Salad</b>	<b>#1 Chef Salad</b>
<b>#2 Deli Sandwich</b>	<b>#2 Grilled Cheese</b>
Applesauce	Strawberry Applesauce
	Pie