

June Menu – Urbandale Senior Recreation Center

| Tuesday | Thursday |
|-----------------------------------|--|
| 6/5/2018 | 6/7/2018 |
| Orange Chicken | BBQ Pork Ribette |
| Broccoli Mandarin Oranges | Mashed Potatoes Granny Smith Apples |
| | Pie |
| 6/12/2018 | 6/14/2018 |
| Hamburger | Crispito w/cheese |
| Baked Beans Oranges | Refried Beans Fresh Fruit |
| | Pie |
| 6/19/2018 | 6/21/2018 |
| Fish Fillet Sandwich | Grill Out for Longest Day |
| French Fries Apple | |
| | |
| 6/26/2018 | 6/28/2018 |
| Teriyaki Dipper | Egg Salad Sandwich |
| Pacific Blend Veggies Apricots | Chips Watermelon |
| | Pie |

July Menu – Urbandale Senior Recreation Center

| Tuesday | Thursday |
|-----------------------------|----------------------|
| 7/3/2018 | 7/5/2018 |
| TBD | TBD |
| | |
| | |
| 7/10/2018 | 7/12/2018 |
| Meatloaf | French Toast |
| Mashed Potatoes | Sausage Patty |
| Mixed Fruit | Diced Peaches |
| Dinner Roll | Pie |
| 7/17/2018 | 7/19/2018 |
| Cheesy Broccoli Soup | Deli Sandwich |
| Fresh Fruit | Chips |
| Dinner Roll | Fresh Fruit |
| | Pie |
| 7/24/2018 | 7/26/2018 |
| Chef Salad | TBD |
| Fresh Fruit | |
| Dinner Roll | |
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